A National Household SARS CoV-2 Seroprevalence Survey in South Africa, 2020-2021

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BACKGROUND

South Africa is one of the African countries most affected by the COVID-19 pandemic. SARS-CoV-2 seroprevalence surveys provide valuable epidemiological information given the existence of asymptomatic cases. We report the findings of the first nationwide household-based population estimates of SARS-CoV-2 seroprevalence among people aged 12 years and older in South Africa.

OBJECTIVES

Primary objectives:

To determine the extent of COVID-19 virus infection in the general population and age-specific infection prevalence, as determined by seropositivity; To determine the fraction of asymptomatic or subclinical COVID-19 infections;

Secondary objective:

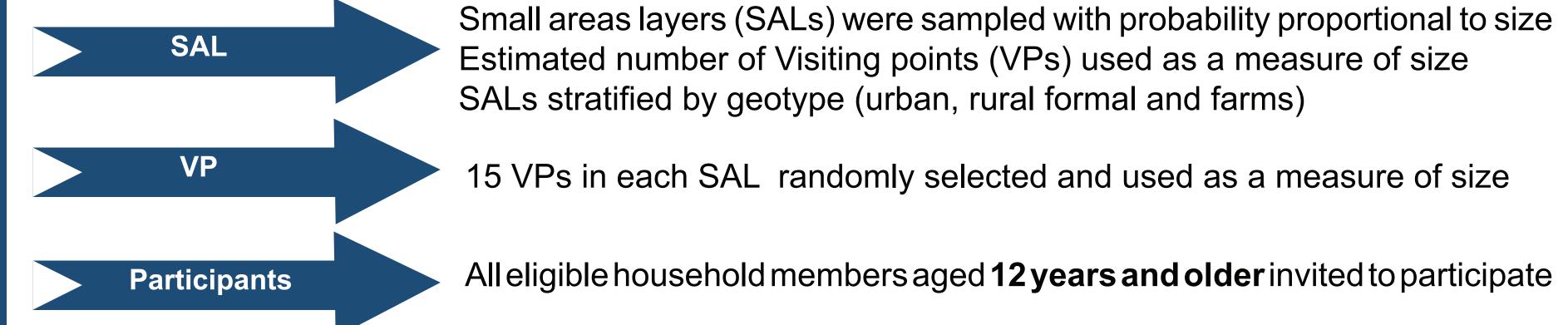
To determine risk factors for COVID-19 virus infection

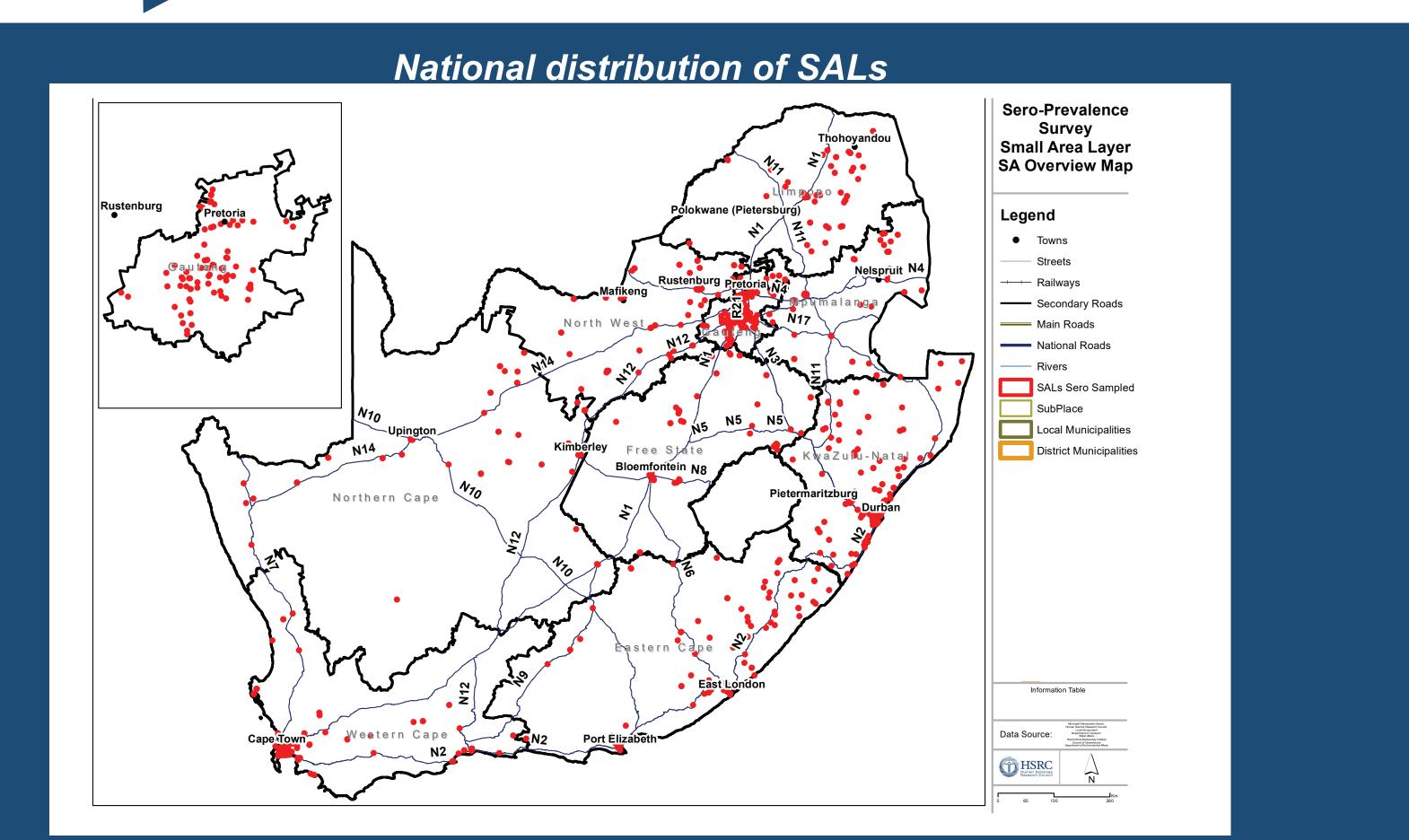
To estimate the prevalence of COVID-19 antibodies in age and sex sub-groups

METHODS

The survey used a cross-sectional multi-stage stratified cluster design undertaken over two separate time periods (November 2020 - February 2021 and April - June 2021) which coincided with the second and third waves of the pandemic in South Africa.

Study design and sampling





Survey data collection tools

Questionnaires

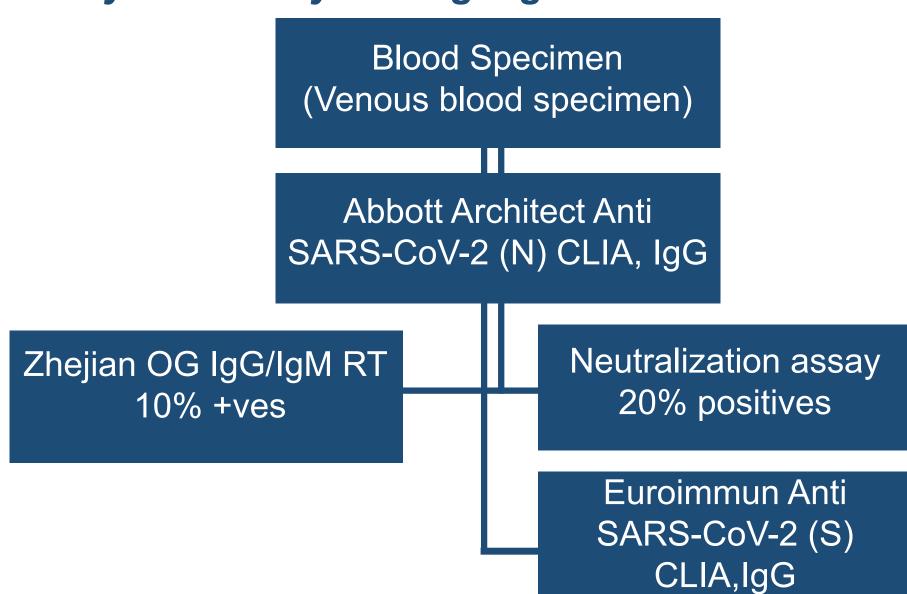
Two questionnaires were used in this survey:

Household questionnaire: questions about the household including listing of household members.

Individual questionnaire: for persons aged 12 years and older: based on the WHO model, with additions from other questionnaires developed by the HSRC, SAMRC, and SAPRIN

• socio-demographic variables, risk perception, co-morbidities, tobacco use, movement, history of diagnosis, history of SARS-CoV-2 virus contact, symptoms, and incubation periods of 14 days up to 21 days, and preventive behaviours such as social distancing and washing of hands.

Survey laboratory testing algorithm



The Abbott® and Euroimmun® ani-SARS CoV-2 antibody assays were used to test for SARS-CoV-2 antibodies, the latter being the final

Data analyses

The survey data was weighted with final individual weights benchmarked against 2020 mid-year population estimates by age, race, sex, and province.

Frequencies were used to describe characteristics of the study population and SARS-CoV-2 seroprevalence. Bivariate and multivariate logistics regression analysis were used to identify factors associated with SARS-CoV-2 seropositivity.

RESPONSE RATES

| Valid households | 10 109 | |
|----------------------------------|--------|--|
| Households that were interviewed | 5 580 | |
| Household level response (%) | 55.2% | |
| Eligible individuals | 16 646 | |
| Individuals interviewed | 15 115 | |
| Individual level response (%) | 90.8% | |
| Blood samples | 13 640 | |
| Testing response (%) | 81.9% | |

Individual response rate by sex

| Sex | Inter- viewed and blood (%) | Inter- viewed and blood (n) | Inter- viewed only (%) | Refused/ not at home (%) | Total |
|--------|--------------------------------------|--------------------------------------|------------------------------|--------------------------------|-------|
| Male | 80.1 | 5 731 | 88.4 | 11.6 | 6326 |
| Female | 83.8 | 7 912 | 93.1 | 6.9 | 8788 |

Testing response rates were consistent across all age groups ranging from 76.1% to 86.1%

Individual response rate by province

| Province | Inter- viewed and blood (%) | Inter- viewed and blood (n) | Inter- viewed only (%) | Refused/ not at home (%) | Total |
|---------------|--------------------------------------|--------------------------------------|---------------------------------|-----------------------------------|-------|
| Western Cape | 94.1 | 3367 | 96.7 | 3.3 | 3461 |
| Eastern Cape | 95.1 | 2717 | 99.6 | 0.4 | 2847 |
| Northern Cape | 89.0 | 909 | 93.8 | 6.2 | 958 |
| Free State | 93.6 | 1076 | 95.3 | 4.7 | 1095 |
| KwaZulu-Natal | 73.1 | 2319 | 87.0 | 13.0 | 2760 |
| North-west | 72.9 | 548 | 83.8 | 16.2 | 630 |
| Gauteng | 63.4 | 1501 | 81.7 | 18.3 | 1933 |
| Mpumalanga | 73.8 | 630 | 87.7 | 12.3 | 749 |
| Limpopo | 64.2 | 573 | 76.5 | 23.5 | 682 |

EXPLANATION OF THE ASSAYS USED

Samples were tested first on the Abbott Architect assay and then on the Euroimmun assay.

Estimates in the original report based on Round 1 in March were based on the adjusted Abbot assay results* given evidence that Abbott anti-nucleocapsid antibodies appear to decline more rapidly than anti-spike and anti-RBD IgG antibodies

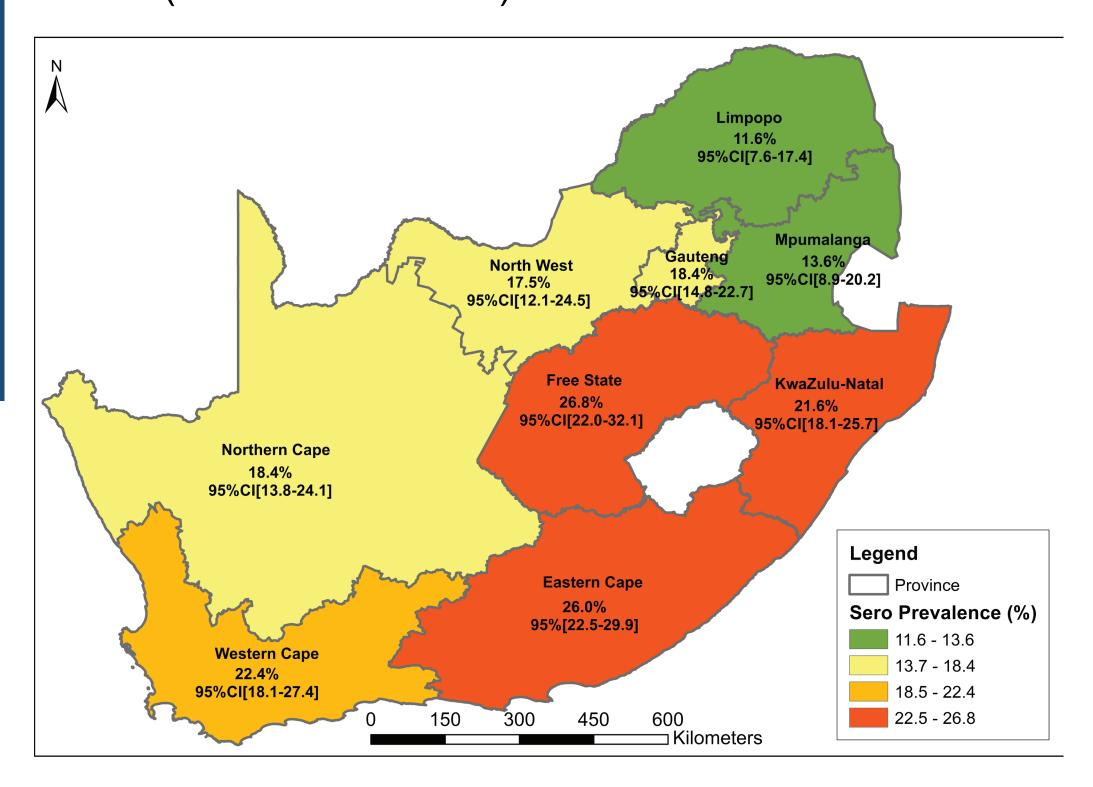
*based on Round 2 Euroimmune results only

This presentation is based on the Euroimmun assay results only

SEROSTATUS RESULTS

National and provincial seroprevalence estimates

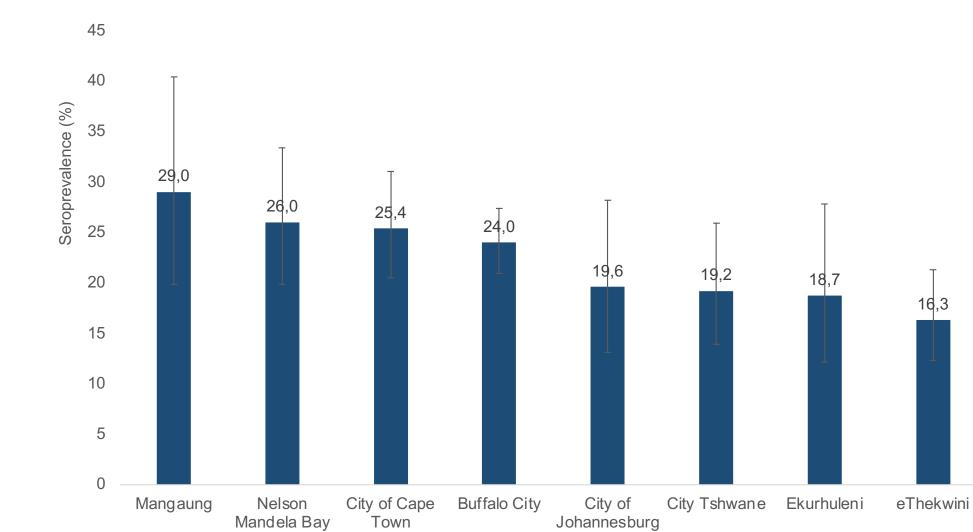
National seroprevalence estimate individuals ≥12 years 19.6% (95% CI`17.9–21.3)



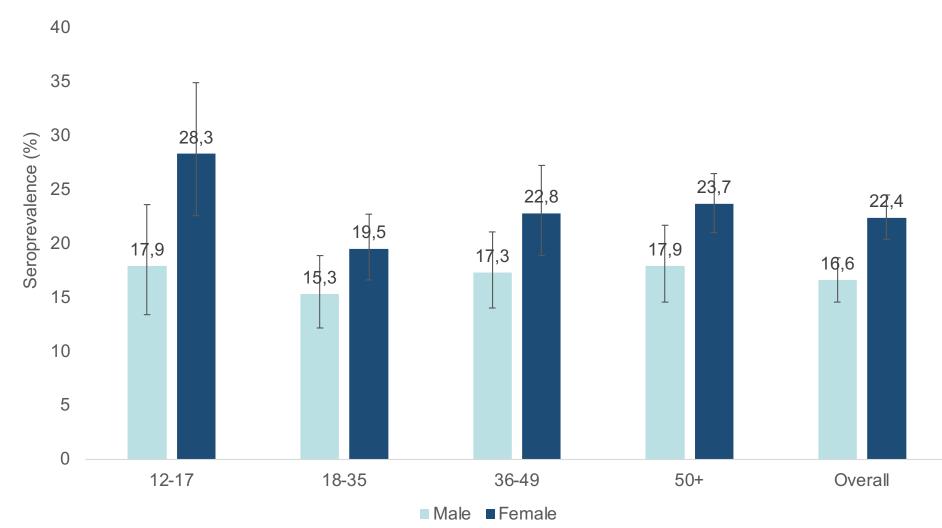
Estimated infections (≥12years) by sex and age group at 15 June 2021

| Variable | Estimated number of people exposed | Lower estimate | Higher estimate |
|--------------|------------------------------------|----------------|--------------------|
| National | 8 675 265 | 7 508 393 | 9 842 137 |
| Sex | | | |
| Male | 3 558 415 | 2 976 704 | 4 140 126 |
| Female | 5 116 849 | 4 381 584 | 5 852 114 |
| Age group | | | |
| Less than 18 | 1 390 809 | 1 060 450 | 1 721 168 |
| 18-35 | 3 277 975 | 2 703 139 | 3 852 811 |
| 36-49 | 2 128 032 | 1 746 983 | 2 509 080 |
| 50+ | 1 878 447 | 1 592 974 | 2 163 920 |
| | | | |

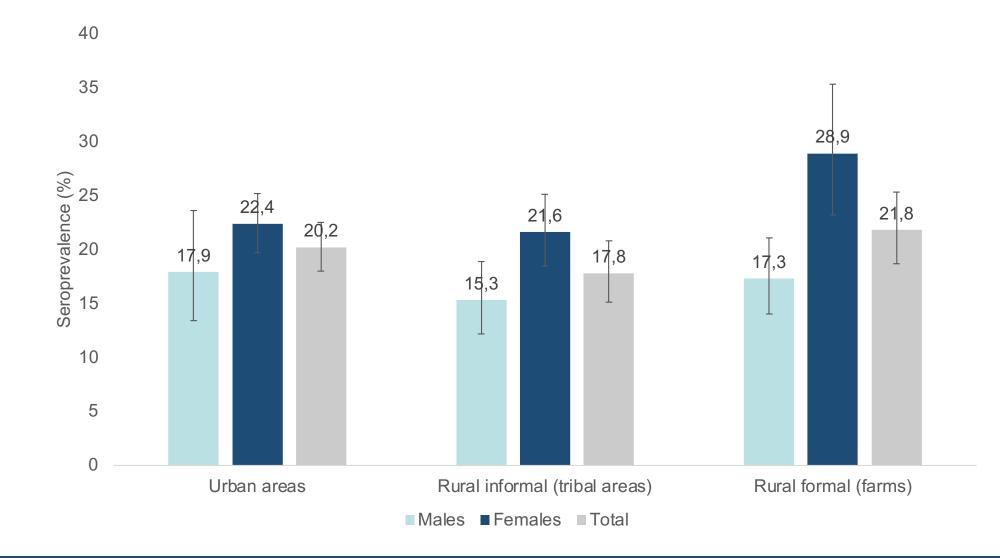
Serostatus by metros



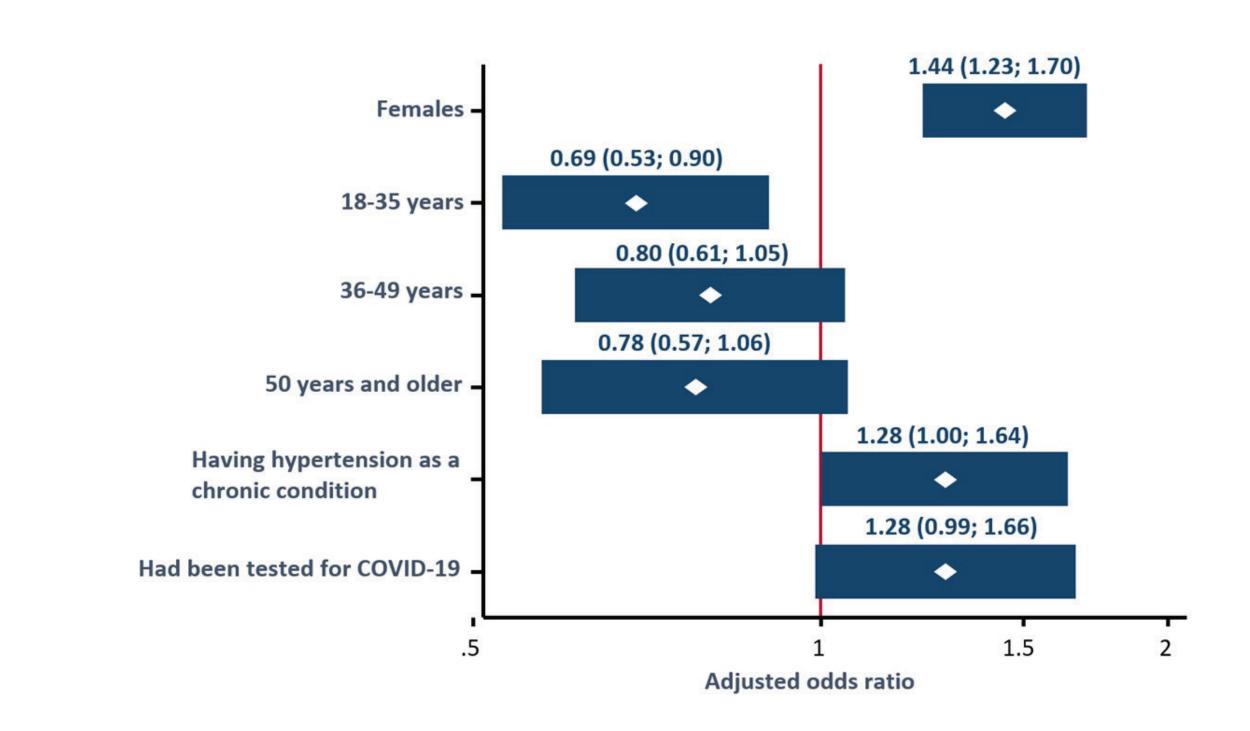
Serostatus by age group and sex



Serostatus by locality and sex



Factors associated with SARS-CoV-2 seropositivity ≥12 years



STRENGTHS AND LIMITATIONS

Strengths

The survey gives a national picture estimate of exposure to the virus over a time-period across all provinces and locality types by June 2021
We were able to quickly mobilise and adapt to field conditions
Used best available evidence on assays

Limitation

Collected in different places over time

Data collected over a prolonged time period in a rapidly changing epidemic Excluded children younger than 12 years

Limitations and differences in assays

Low household response rate (However, once the household agreed to participate, the individual response was considerably high (90.8% of eligible individuals interviewed and 81.9% interviewed and tested)

SUMMARY

SARS-CoV-2 seroprevalence over the period November 2020 to June 2021 was estimated at 19.6% (95% CI 17.9–21.3).

Translates to an estimated 8,675,265 people exposed to the virus across South Africa by the 15th of June 2021, the end of the survey sampling period.

This is 5.1 times higher than the reported number of SARS-CoV-2 cases for

This is 5.1 times higher than the reported number of SARS-CoV-2 cases for all ages on 2 June 2021 when allowing for the period between infection and development of antibodies.

Seropositivity was associated with females and those aged 12 to 17 years, and those with hypertension.

Geographical variability in seroprevalence by province, metros and locality type:highest prevalence in the Free State, Eastern Cape and Western Cape
provinces

highest in Mangaung, Nelson Mandela and the City of Cape Town highest in rural formal/farms areas, especially among females

CONCLUSIONS

Given these findings, the following recommendations are made:

We need to vaccinate many people of all ages especially females and young adolescents before another more virulent variant emerges

the COVID-19 response should have locally customised actions to ensure the greatest success in controlling the disease. In particular, preventive measures and vaccination should be scaled up in the rural (farm) areas as well.

We need to continue with messaging about the risk among people with

comorbid conditions given evidence of poorer outcomes in such instances We need to use two or more assays in sero-prevalence surveys rather than just one.

Above all, public health messaging about prevention and vaccination should continue unabated.

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RESEARCH PARTNERS

HSRC-led consortium together with:











