National HIV incidence estimates: an analysis of current transmission dynamics in South Africa

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Measuring HIV incidence

- Epidemiological methods
 - Cohort studies (directly observed incidence)
 - HIV prevalence in youngest age group (15-20)
 (as a proxy for recent infection)
 - Mathematical modeling (*indirect incidence estimate*)

 Laboratory- based methods (direct incidence measure from cross-sectional surveys)

National HIV Household Survey South Africa 2005

- Study population: 2 years and older
- Anonymous HIV testing of dried blood spot specimens
- HIV prevalence and HIV incidence
- Final sample: 23 275 interviewed, 15 851 tested for HIV

HIV-1 BED incidence EIA (adapted from B. Parekh et al. 2002)



BED HIV incidence calculation

 $I = \frac{F (365/w) N_{inc}}{N_{neg} + F (365/w) N_{inc}/2} X 100$

(McDougal) $(R/P) + \gamma - 1$ (McDougal) $(R/P) (\alpha - \beta + 2\gamma - 1)$

Window period = 180 days

Incidence = number of new infections per year per 100 persons at risk (% / year)

HIV prevalence and HIV incidence by age and sex, South Africa 2005



HIV incidence % and number of new infections by age group, South Africa 2005

Age group (years)	Weighted sample (n)	HIV incidence % per year [95%CI]	Estimated number of new infections per year (n)
≥ 2	44 513 000	1.4 [1.0 - 1.8]	571 000
2-14	13 253 000	0.5 [0.0 - 1.2]	69 000
15-24	9 616 000	2.2 [1.3 - 3.1]	192 000
15-49	24 572 000	2.4 [1.7 – 3.2]	500 000

BED HIV incidence vs ASSA model (estimates for 2005)





15-49 years

HIV prevalence in youth by single year of age South Africa 2005



HIV prevalence and HIV incidence in youth aged 15-24 years, South Africa 2005



HIV incidence by locality type South Africa 2005



HIV incidence and behaviour South Africa 2005

Variable	HIV incidence (% per year)
Marital status	
Single	3.0
Married	1.3
Widowed	5.8
Sexual history	
Sexually active in the past 12 months	2.4
Current pregnancy	5.2
Condom use at last sex (15-24 yrs)	
Yes	2.9
Νο	6.1

Conclusion

- Incidence estimates enable a more timely analysis of the current HIV-transmission dynamics
- The adjusted BED HIV incidence estimates provide valid national HIV incidence estimates for South Africa
- Prevention campaigns did not have the desired impact, particularly among young women